

SHAPE

Wednesday, September 27, 2017

Spice Blends That Add Flavor to Your Boring Meal Prep Lunches

Even the best dishes can feel fatigued when you've hit repeat on them one too many times. Stock up on these bold spice blends and toss 'em in your desk drawer.

By Mara Santilli

[...]

Fancy Flakes

Your new desk-drawer essential: the [Hamptons Salt Company](#) Flavor Seeker Collection. This set of five mini jars includes seasoned salts like Black Truffle, Smoked Hickory, and Ghost Pepper—all equally happy on any dish you're devouring. (FYI, your doctor might want you to eat more salt if you have [this common condition](#).)

(\$40; hamptonssalt.com)



[...]